*Responsible Fatherhood Programs

An Initiative of Matrix Human Services



- *Mission: Break generational cycle of familial poverty in Detroit & other communities
- *Over a dozen programs; 40 locations; 25,000 families & individuals annually
- *Largest Head Start/Early Head Start grantee in Detroit; up to 2,000 low-income families with children 0-5 years old
- *Focus on parental empowerment

*Matrix Human Services



- *Monthly "Donuts & Dads" Roundtables at H/S centers
- *Upcoming "Dad's Club": NFI's 24/7 Dads Curricula
- *Father's Basketball League
- * Job Fairs
- *Annual Fatherhood Conference: WCCCD/NW campus; February 13, 2016 sponsored by Partnership for Dads
- * Planned expansion of communities fatherhood programming

*Matrix Head Start Fatherhood Programs



- *The scientific branch dealing with Human Actions & Behavior
- *3 Main elements for human motivation
 - * Autonomy freedom to make own decisions
 - * Mastery command over something, knowledge, skill; key link with autonomy to want to be better at something that matters
 - * Purpose a reason for doing something that matters intrinsic vs. extrinsic motivation
- * With all three present: will motivate fathers to become better dads; enroll in a program; habitually attend a program

Behavioral Science



- *NFI: #1 provider of fatherhood resources in U.S. since 1994
- * "24/7 Dad®: developed by team of nationally/internationally recognized fathering & parenting experts*
- *12+ two hour sessions; five characteristics to be a great dad 24/7
- *All cultures, races, religions, backgrounds
- *Goal: awareness of himself as a man and his significance to his children/family with skills

*National Fatherhood Initiative "24/7 Dad®"



* Some Sobering Statistics:

- * Nationally 1 in 3 (25 million) children live absent of their biological father; in Detroit...it's 2 in 3* (95,265)
- * Over the past thirty years, the rise in violent crime parallels the rise in families abandoned by fathers.**
- * High-crime neighborhoods are characterized by high concentrations of families abandoned by fathers.**
- * State-by-state analysis by Heritage scholars indicates that a 10 percent increase in the percentage of children living in single-parent homes leads typically to a 17 percent increase in juvenile crime.**
- * The rate of violent teenage crime corresponds with the number of families abandoned by fathers.**
- * The Father Factor: "[Exists]... in nearly all of the social issues facing America today"*
 - * Poverty, Emotional/Behavioral Problems, Education achievement, Child Health, Crime, Incarceration, Child Abuse, Drug/Alcohol Abuse, Childhood Obesity, Suicides

*The Vital Father Need



- *Recruit and Engage Absent Fathers 'where they are' (e.g. F.O.C., non-profits, churches, barber shops, etc.)
- *Encourage their awareness and self-worth as responsible fathers
- *Promote a comradery as fathers establishing their "legacy" for their sons and daughters
- *Teach necessary fathering skills for child ageappropriate groups
- *Educate mothers on benefits of responsible fatherhood engagement with their children

*Some Lessons Learned



*"CHILDREN NEED BOTH RESPONSIBLE
PARENTS FOR BEST POSSIBLE OUTCOMES
DESPITE PARENTAL LIVING ARRANGEMENTS,
DIVORCE OR SEPARATIONS...in most cases."

...M.B. Davis, Dads of Michigan, 2001

*Most Important Logical Goal

